

Patient Information Guide

Faeces Collection

Your healthcare professional has requested a test that requires you to collect one or more samples of your faeces. You will need to obtain a specimen container from the laboratory.

Collection Procedure

1. Pass faeces into a container (a 2 litre ice cream container is ideal).
2. Using the scoop, which is on the underside of the container lid, place a portion (about the size of a walnut) into the specimen container.
3. Screw the lid down firmly.
4. Write your Name, Date of birth or NHI number, time, and date of collection on the container. Place container in the specimen bag provided.
5. Store your sample in a cool place out of direct sunlight (not your fridge) and deliver to the laboratory as soon as possible after collection.
6. If you have been asked to collect for more than one specimen, collect each on a different day.

If you require further information regarding your test procedure, please contact the Laboratory.

Health New Zealand Taranaki Laboratory

Taranaki Base Hospital

27 David Street New Plymouth 06 753 7764

Hawera Hospital

41 Hunter Street Hawera

06 278 9909