Health New Zealand
Te Whatu Ora
Taranaki

Notice to Patients

Blood Test Aftercare

Only a small amount of blood is taken during the test so you shouldn't feel any significant after-effects.

However, if you experience any symptoms, including feeling dizzy or faint please tell the person carrying out the test.

Apply pressure initially and leave the dressing in place for one hour.

After the test, you may have a small bruise where the needle was inserted. Bruises can be painful but are usually harmless and fade over the next few days.

It is recommended to avoid excessive movement or exercise of the arm from which the specimen was collected.

If you require further information regarding your test procedure, please contact the Laboratory.

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